



SteadyBridge Advocacy – Questions to Ask During Hospital Visits & Medical Appointments

A caregiver and patient guide designed to help individuals feel more prepared, informed, and confident during healthcare visits.

Use this worksheet to organize questions, track important information, and improve communication with healthcare providers.

Patient & Appointment Information

Patient Name: _____

Provider / Facility: _____

Date of Visit: _____

Reason for Visit: _____

Important Questions to Ask During a Hospital Stay

1. What is the current diagnosis or concern?

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2. What tests, treatments, or procedures are being recommended?

3. What are the risks, side effects, or possible complications?

4. What warning signs should we monitor closely?

5. Are there any medication changes we should understand?

6. What follow-up care will be needed after discharge?

7. Will home health, therapy, or medical equipment be needed?

8. Who should we contact if symptoms worsen after discharge?

9. Am I admitted as observation or inpatient?

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Questions to Ask During Regular Provider Appointments

1. What is causing the current symptoms or concern?

2. Are additional tests or referrals needed?

3. What treatment options are available?

4. What medications are being started, stopped, or changed?

5. What side effects should we watch for?

6. Are there lifestyle, diet, or activity recommendations?

7. When should follow-up appointments be scheduled?

8. What symptoms should require immediate medical attention?

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Additional Questions or Concerns

Provider Notes & Recommendations

Need additional support? SteadyBridge Advocacy provides guidance, care coordination, discharge support, and healthcare navigation services.

Call us at 912-328-4873 or email us at info@steadybridgeadvocacy.com

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